



#### **WELCOME FROM THE PRESIDENT**

This summer, the Forest Preserves of Cook County is offering a wide variety of exciting and fun activities, events and programs, as well as introducing some new features sure to please our visitors.

New this season: Our Nature Centers will be hosting evening programs and events, including night hikes, astronomy and the opportunity to learn about creatures that go bump in the night. This is an excellent opportunity to relax and unwind with



family and friends after a day of work. Additionally, the Forest Preserves is teaming up with WTTW Kids. Be sure to take advantage of the different opportunities to introduce young adventurers to Nature Cat.

Summer also provides sunny days and warm nights – perfect camping weather. With five new and revitalized campgrounds located throughout the Preserves, there are ample opportunities to fully immerse yourself in nature. Enjoy free weekend activities including Friday and Saturday night campfires, evening programs, afternoon activities and hikes, as well as camping skill demonstrations.

And don't forget, the Bird the Preserves initiative continues through the end of the year, providing residents and visitors frequent opportunities to experience birding. There will be numerous chances to view some of the most interesting and spectacular birds in the Preserves during bird walks, festivals and informational programs.

Lastly, the Forest Preserves will once again host Films in the Forest and Forest Jams. These evening events offer attendees a unique way to combine films and music with nature. Both include pre-event activities and more.

We hope to see you in the Preserves!

Sincerely,

Loni Precevindela

Toni Preckwinkle President, Forest Preserves of Cook County

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#### **EVENING PROGRAMS**



Join us for evening programs at all of our Nature Centers. You can enjoy a wide range of events, including night hikes, astronomy and learning about the creatures that go bump in the night. Look for the moon icon on each Nature Center's schedule to learn more about these special summer night programs.

#### **NATURE CAT**



The Forest Preserves of Cook County and Nature Cat are teaming up to get more kids exploring the outdoors. Adventurers, look for this icon throughout the brochure to find events where you can meet Nature Cat! Visit PBSKids.org/NatureCat for more info.

#### **BIRD THE PRESERVES**



In 2016 the Forest Preserves is taking birding to new heights with county-wide birding events. Look for this icon throughout the brochure to find birding events taking place all over the Forest Preserves. Be sure to join our Big Year competition to spot birds of all colors and sizes. Visit **fpdcc.com/birding** for more info.

# Crabtree



#### THROUGHOUT THE SUMMER

#### **Explore Nature Play!**

Build forts and climb a spider web as you explore Crabtree's 3-acre nature play area.

**Open Every Day** 



#### SUMMER CAMPS

Registration and release forms required for all camps. Age limits apply.

#### **Garden Fun**

Plant some seeds, learn about plants and have fun with some garden art. Ages 7-10; \$10/child Thursday & Friday, June 9 & 10

9:30 am - Noon

#### **Animal Adventures Day Camp**

Search for crawling, slithering and flying creatures in this activity-packed day camp! Ages 6-9; \$15/child

Tuesday - Thursday, June 14-16

9:30 am - Noon

#### **Crabtree Survivor Day Camp**

Hone your survival skills. Learn how to build shelters, make fire, ID poisonous and edible plants, and much more. Ages 11-14; \$20/child Wednesday - Friday, June 22-24;

Wednesday & Thursday • 9:30 am - Noon,

Friday • 9:30 am - 3 pm

#### **Gone Fishin' Day Camp**

The first day will be spent investigating fish. On the second day we will go fishing at a local lake. Ages 7-12; \$5/child

Wednesdays & Thursdays, June 29 & 30, July 13 & 14 • 10 am - Noon

#### **ART IN NATURE SERIES**

Ages teens & up. Registration required for all programs below.

#### **Introduction to Watercolor**

Join an art instructor from Dick Blick to explore different watercolor techniques and media. Sunday, June 12 • 1 - 3 pm

#### **Artists Trading Cards**

Join artist Nancy Lawrence to create little works of art on 31/2" x 21/2" cards. Any medium can be used. Bring your creativity.

Sunday, July 17 • 1 - 3 pm

#### The Poetry of Place

Explore how the emotional attachment you have to a place can be a powerful trigger for new poetry. Led by poet Tamara Tabel. Sunday, August 7 • 1 - 3 pm

#### **EVENING PROGRAMS**

Registration required for all evening programs.



#### **Twilight Bird Hike**

We'll observe local birds during the transition from day to night. Friday, June 17 • 7 - 9 pm

#### **Evening Canoe**

Explore a local lake in a canoe at twilight. Adults only.

Friday, June 24 • 6:30 pm



#### **Fireflies and Fire**

Join a naturalist for an evening hike to look for fireflies and see who else is active during the night near a fire.

Friday, July 8 • 8 pm

#### Bats!

We'll learn about these mysterious creatures, then look for them in the dark.

Fridays, July 29 • 8 pm; August 12 & 19 • 7:30 pm

#### JUNE

#### **EXPLORE THE FOREST: 100 YEARS AND GROWING!**



Celebrate the Forest

Preserves of Cook County. Climb a tree, touch a fish, check out the restoration equipment, pitch a tent and try archery! See the many ways to enjoy the Forest Preserves. Special activities at this Leave No Child Inside Event.

Sunday, June 5 . Noon - 4 pm

# **Morning Bird Walk**

Hike our Bur Edge Trail and try to spot flowers,

fruits or animals wearing our national colors!

Learn how to identify some common invasive

plant species that could be lurking in your own

backyard, and what you can do to combat them.

Morning is the best time to stroll the trail and see what's happening along the way.

Sunday, July 24 • 10 am

Sunday, July 10 • 1 pm

#### Frogs!

JULY

Red, White & Blue

Sunday, July 3 • 1 pm

**Know Your Nasty Neighbors** 

We'll search for and learn to identify the frogs that call Crabtree home!

Sunday, July 31 • 1 pm

#### **AUGUST**

#### Birds at Baker's Lake

Join a naturalist to observe nesting birds at Baker's Lake. Meet-up instructions provided during

registration. Registration required.

Saturday, June 11 • 10 am



#### **Feathered Fathers**

The roles that fathers play in the animal kingdom vary greatly from species to species. An informative

inside program will be followed by a short hike to look for "dads at work."

Sunday, June 19 • 1 pm

#### **Pollinator Friendly Gardening**

Learn how to make your garden a haven for pollinators and ensure that bees, butterflies. insects and birds have all they need to flourish. Instructor Kim Ellson, UI Extension. Registration reauired.

Saturday, June 25 • 1 pm

#### Pond Dippin'

Cool off this summer by net dipping in our pond and seeing what lives there.

Sunday, June 26 • 1 pm



#### **Morning Bird Walk**

Morning is the best time to stroll the trail and see what's happening along the way.

Saturday, August 6 • 10 am

#### **Animal Olympics**

How do your athletic skills compare with those of our local critters? Can you run faster than a deer, hop farther than a toad? Come out and compete against some local records.

Sunday, August 14 • 1 - 3 pm

#### Cicadas!

Lurking below the soil for most of their lives, these insects crawl to the surface and make themselves known during the August heat. Learn about their secretive beginnings which later become a part of the summer throng throughout our area.

Sunday, August 21 • 1 pm

#### **Summer Walk with a Naturalist**

Stroll the trail and see what's happening along the way.

Sunday, August 28 • 1 pm



#### Hours (March - October)

Building: 9 am - 5 pm closed Fridays Grounds: 8 am - 5 pm daily





#### **Animal Afternoons**

Many animals call the Nature Center home. Meet one of these animals during a casual afternoon encounter.

**Sundays, June 19, July 3 • 1:30 pm** 

#### S.E.N.I.O.R.S.

Are you a senior who wants to stay active and remain a lifelong learner? Nature will inspire a different activity at each gathering. Registration required. Seniors only.

Thursdays, June 9, July 7, August 11 • 10 - 11 am

#### **Restoration Work Days**

Immerse vourself in the outdoors. While you engage in restoring wildlife habitat, nature will restore you. Individuals and families welcome. Ages 10 & up. Participants 10-14 yrs. old must be accompanied by an adult.

Saturdays, June 11, July 9, August 13 10 am - Noon

#### **Mother Nature and Me**

Children 3-5 years old and their favorite adult will have fun learning more about nature as we explore outside. Registration required. Limit 15 children.

Wednesdays, June 8 (Skunks); July 6 (Coyotes); August 10 (Lily Pads) • 10:30 - 11:30 am

#### **Nature Play Days**

Enjoy various themed activities throughout the summer in our Nature Play Area.

Saturdays, July 2 (Water); August 20 (Sticks) 1:30 pm

#### Yoga in the Woods

A 1.5-mile hike and yoga set to the sounds of nature will leave you in a relaxed and peaceful state. A yoga instructor will guide you through proper posture focusing on simple breathing. strength, and flexibility. Please wear comfortable clothing and bring your own yoga mat or beach towel. No previous experience necessary. Registration required. Ages 16 & up. Limit 25. Sundays, June 12, July 10, August 7 10 - 11:30 am

#### **Night Sky Programs**

Peek at the universe through telescopes: guided by the Chicago Astronomical Society. **Saturdays, June 18, July 16 • 8 - 11 pm**;

August 13 • 7:30 - 10:30 pm

#### **Frog Monitoring**

Assist Naturalists as we survey local frog populations. Registration required. Ages 13 & up. Friday, June 24 • 8 - 10 pm



#### **Night Skies and Fireflies**

Explore our trails while searching for fireflies. Learn all about these amazing insects, especially how they use bioluminescence and light up the skies. Registration required. Family program. Limit 25.

Friday, July 15 • 8 - 9:30 pm

#### **Bats**

Flying mammals. Who knew? We'll take a night hike in search of these mammalian marvels. Registration required. Ages 10 & up. Limit 25. Friday, August 19 • 8 - 9 pm



# **NATURE IS ACCESSIBLE!**

Visitors of all abilities are invited to celebrate nature through accessible activities. Nature Cat from the PBS Kids show will be ioining us!



Don't

Wednesday, June 1 • 10 am - 2 pm

#### **Planting For Pollinators**

Find out how to attract bees, butterflies and other pollinators to your garden using native plants. Enjoy a walk through our garden and leave with a souvenir. Registration required. Interested teens and adults. Limit 20.

Saturday, June 4 • 10:30 am - Noon

#### **Little Green Thumbs Nature Camp**

Children will be engaged in various gardening projects and activities. Registration required. Ages 6-8. Limit 10. \$15.

Tuesday - Thursday, June 14-16 9:30 am - Noon

#### **Spittlebug Nature Camp**

5-6 year olds will enjoy three fun-filled days discovering nature, exploring habitats and learning about wildlife. Registration required. Limit 10. \$15.

Tuesday - Thursday, June 21-23 10 am - Noon

#### **Pond Dip**

Come out for a morning "dip" in the pond as we investigate the macroinvertebrates that live there. Appropriate clothing and footwear is recommended for muddy conditions. Registration required. Ages 5 & up. Limit 10. Saturday, June 25 • 10:30 - 11:30 am

**Little Red Schoolhouse Nature Center** 9800 Willow Springs Rd. Willow Springs 708-839-6897

Hours (March - October) Building: 9 am - 5 pm closed Fridays Grounds: 8 am - 5 pm daily

#### JULY

#### Young Naturalist Field Camp

Hiking, experiments and wildlife discovery await you during this hands-on camp. Registration required. Ages 9-11. Limit 10. \$15.

Tuesday - Thursday, July 12-14 9:30 am - Noon

#### **Berry Berry Good**

We will explore our grounds in search of berries to identify. Discussions will include invasive species, animal diets and "scary berries." Registration required. Adult program. Limit 20. Saturday, July 23 • 1:30 pm

#### Young Naturalist Field Camp

Hiking, experiments and wildlife discovery await you during this hands-on camp. Registration required. Ages 7-8. Limit 10. \$15.

Tuesday - Thursday, July 26-28 9:30 am - Noon



#### Herons, Geese, and More

Join us for a hike along the slough as we observe the similarities and differences among these fascinating

wetland residents. Binoculars recommended. Registration required. Family program. Limit 15. Saturday, July 30 • 10:30 am

## **AUGUST**

#### Naturalist for a Day Field Camp

12-14 year olds will engage in outdoor exploration activities and assist naturalists with animal exhibits. Registration required. Limit 6. \$15. Wednesday - Friday, August 3-5 9 am - 12:30 pm



#### Bird Beaks: One Size Doesn't Fit All Examine bird skulls and learn how

morphological differences fit the form and function of different species.

Registration required. Ages 13 & up. Limit 25. Saturday, August 6 • 1:30 pm

#### **Keystone Species**

Oak trees, beavers, bees and hummingbirds all play a huge role in supporting ecosystems. Discussion will be followed by a hike. Registration required. Adult program. Limit 20. Saturday, August 27 • 1:30 pm



#### THROUGHOUT THE SUMMER

#### What's on the Menu?

Join us at feeding time to learn about our display animals and their unique habits.

Saturdays & Sundays • 3 pm

#### **Small Serendipity**

Join us for a nature story and craft or other activity. For preschool- and kindergarten-aged children with an adult.

Wednesdays, June 8 & 22; July 6 & 20; August 10 & 24 • 10 am

#### **Creature Feature: Reptiles**

Visit with some of our local reptiles to learn about their amazing adaptations.

Sundays, June 5, July 10 & August 7 • 1:30 pm

#### **Summer in the Woods**

Enjoy summertime in the woods on a casual nature walk with a naturalist.

Sundays, June 26, July 24 & August 21 • 1:30 pm



#### **MASTER GARDENER DROP-IN**

Master Gardeners from the University of Illinois Extension present programs to help you become a better gardener. Registration preferred, but not required.

#### **Gardening with Natives**

Learn more about native plants and their importance in the ecosystem. Master Gardeners will share info on native plants, provide tips on planting and answer questions.

Saturday, June 11 • 11 am - 1 pm

#### **Native Plant Walk**

Join a Master Gardener on a guided walk to identify native plants in their natural habitats and learn how you can grow these plants.

8 Saturday, July 9 • 11 am - 1 pm

#### **JUNIOR NATURALISTS**

#### **Summer Season**

Celebrating our 20th year of Jr. Naturalists, children, ages 7-12, work on independent projects and attend special programs to learn about nature through each of the four seasons. Call or visit for more information. Registration required. Initial Fee: \$10. Continuing seasons: \$5 each.



#### **EVENING PROGRAMS**

Join us on a summer's night for a unique, nature-themed program. Registration required at least two days prior. \$2/person. Check-in begins 15 minutes before program start time.

#### **Twilight Hike**

Some of our local wildlife begin their day just as the sun begins to set. Learn about these animals and more on a guided walk.

Wednesdays, June 8 & July 20 • 7 pm

#### **Solstice Fire**

Celebrate the beginning of summer with stories and snacks around our campfire.

Wednesday, June 22 • 7:30 pm

Separate fact from myth about these fascinating creatures while watching for them over the lawn and river.

Wednesdays, July 6 & August 3 • 8 pm Friday, August 26 • 8 pm

#### **Fireside Tales**

Enjoy a summer sunset with stories and snacks around our campfire.

Wednesday, August 17 • 7:30 pm

#### **SUMMER CAMPS**

Five-day Nature Center discovery camps. \$25/child. Snacks & beverages provided.

#### **Junior Keepers Camp**

Get your hands dirty. Learn about proper care, feeding and cleaning of Nature Center animals. Registration & payment required by May 31. Ages 10-12.

Monday - Friday, June 13-17 • 9:30 am - Noon

#### **Discovery Days Camp**

Discover nature through engaging hands-on activities, hikes, crafts and outdoor play. Registration & payment required by June 13. Ages 4-6.

Monday - Friday, June 27 - July 1 9:30 am - Noon

#### **Nature Explorers Camp**

Explore the wonders of nature in the Forest Preserves through hands-on science, art and outdoor play. Registration & payment required by June 27. Ages 7-9.

Monday - Friday, July 11-15 • 9:30 am - Noon

#### JUNE

#### The Buzz on Bees

Visit our beehives and pollination garden as we learn about the important role honeybees play

Sunday, June 12 • 1:30 pm

#### **River Round-Up**

Bring a change of shoes because we'll be jumping in the river to examine what lives below the surface of the water.

Sunday, June 19 • 1:30 pm





**River Trail Nature Center** 3120 Milwaukee Avenue, Northbrook 847-824-8360

Hours (March - October) Building: 9 am - 5 pm, closed Fridays Grounds: 8 am - 5 pm daily

#### JULY



#### **American Raptors**

Visit our national symbol, the bald eagle, and discover the unique characteristics that help our native

birds of prey to survive.

Sunday, July 3 • 1:30 pm



#### Bug-a-Palooza

Learn about the amazing diversity of insects as we catch and release as many different kinds as

Sunday, July 17 • 1:30 pm

#### Life Under a Log

You will be surprised at the many things that live in, on and under a rotting tree. Help us look for insects, spiders and other cool creatures!

Sunday, July 31 • 1:30 pm

#### **AUGUST**

#### **People's Choice Awards**

Stop by and vote for your favorite River Trail animal. Immediately following we will introduce the winner in an educational program for all ages. Sunday, August 14 • 1:30 pm

#### Jr. Photographers

Discover how to capture the beautiful sights the Forest Preserves have to offer. Point and shoot cameras will be provided. *Novice photographers* ages 7-12. Registration required by 8/25. Saturday, August 27 • 9:30 am - Noon

# Family Fish School

Have fun with your family learning about fish and fishing with the Forest Preserves' fish biologist. Limited equipment available or bring your own. Registration required.

Sunday, August 28 • 11 am - 2 pm



#### **Canyon Tours**

Sagawau Canyon will highlight the geology of Northeastern Illinois. Hike is over rough terrain, wading through a stream is necessary. Registration in person or by phone, starts the Monday prior to the program date. No groups. Space is limited.

Saturdays, June; Sundays, July • 10 am



Join Sagawau's banders to observe this important method of studying birds. Children must have adult supervision.

Weather permitting.

Wednesdays, June 29, July 6, 13, 20, 27 8 - 11 am

#### **Butterfly Lab**

Drop in on Sagawau's Butterfly Lab to learn about the local lepidopterans. See what's hatching and learn ways to support conservation efforts.

Tuesday, June 21 • 10 am - Noon

#### **Dragonfly Oasis**

Come see what's under the scope in Sagawau's Dragonfly Lab. Visit the quarry to observe adult dragonflies and dip-net for nymphs. Moderate 1-mile hike to quarry.

Tuesday, June 28, July 19 • Noon - 2 pm





Sagawau Illinois Master Gardeners will present the following gardening programs at Sagawau. Adults and interested teens.



#### **Gardening for Birds**

Join Master Gardeners to learn how to make your yard a beautiful haven for birds. Learn how plant selection

and placement will encourage both seed-eaters and insect-eaters throughout the year.

Sunday, June 26 • 1 pm

#### **Pollinators**

Master Gardeners will help you learn about the plants and pest control to make your yard inviting and safe for pollinators.

Saturday, July 23 • 1 pm



**Gardening for Hummingbirds** Master Gardeners will discuss garden design and plants to

encourage hummingbirds to visit your garden.

Saturday, August 7 • 1 pm

#### JUNE

**Nesting Birds Month** 

#### **Bird Nests**

Study the materials birds use to build nests and go on a hike to observe nesting behaviors and search for nests. Registration required.

Sunday, June 5 • 10 am

#### **Bluebird Monitoring**

Discover why people are fascinated with this cavity-nesting thrush. Hike our Bluebird Trail with our monitor to check the progress of nesting bluebirds. Moderate hike.

Sunday, June 12 • 10 am

#### Sagawau's Living Library: The Tallgrass Prairie

Dynamic prairie ecosystems bring something new each month. Come see chapter 2: Early Summer Prairie. Each month will present a new chapter. Ages 12 & up. Registration required.

Sunday, June 19 • 10 am

#### Sagawau Environmental **Learning Center** 12545 W 111th St, Lemont

630-257-2045

Hours Building: 9 am - 4 pm

Grounds: 8 am - 4 pm

#### JULY

Invertebrate Investigations Month

#### **Naturalist Choice**

Nature is constantly changing. Join our naturalist for a seasonal program.

Saturday, July 2 • 10 am

#### Stinging, Biting, Blood-sucking Invertebrates Why do mosquitoes suck blood? Why do bees sting? Learn why these invertebrates have

developed these survival strategies. Adults and interested teens.

Saturday, July 9 • 10 am

#### **Creek Peek**

Sagawau's intermittent creek is home to many macroinvertebrates. Learn how riffles and log jams build habitat along this meandering stream.

Saturday, July 16 • 10 am

#### **Invertebrate Workshop**

Learn invertebrate biology in this in-depth, field workshop featuring sampling methods, identification and ecology. Bring a lunch. Registration required. Adults and interested teens.

Friday, July 22 • 10 am - 2 pm

#### Sagawau's Living Library: The Tallgrass Prairie

Dynamic prairie ecosystems bring something new each month. Come see chapter 3: Field Sweep. Sweep the prairie for insects. Ages 12 & up. Registration required.

Saturday, July 30 • 10 am

# **EVENING PROGRAMS**

Enjoy naturalist-led programs as daylight extends into the evening. Registration required, beginning two weeks prior to program date.



#### **Canyon Tour**

Sagawau Canvon will highlight the geology of Northeastern Illinois. Hike is over rough terrain, wading through a stream is necessary. No groups. Space is limited.

Thursdays, June 9. July 28 • 5 - 7 pm

#### Bird **Banding**

Join Sagawaus' banders to observe this important method of studying birds. Children must have adult supervision. Weather permitting Thursday, June 23 • 5 - 7 pm

#### **Butterfly Lab**

Drop in on Sagawau's Butterfly Lab to learn about the local lepidopterans. See what's hatching and learn ways to support conservation

Thursday, July 14 • 5 - 7 pm



#### **Hummer Watch**

Drop in to observe hummingbirds as they sip sugar water from feeders and

drink nectar from plants in our wildlife garden.

Thursday, August 11 • 5 - 7 pm

#### Songs of Summer

Listen to the orchestra of insects and birds and learn how they use sound to communicate. Registration required.

Thursday, August 25 • 5 - 7 pm

#### **AUGUST**

**Hummingbird Month** 

#### **Hummingbird Sit**

Take a seat and enjoy watching the hummingbirds. A naturalist will discuss their behavior and how to attract them to your yard. Saturdays, August 6 & 13; Sundays, August 14,

21.28 • 10 am - Noon

# **HUMMINGBIRD FEST**

viewing and demos of how the birds are banded for tracking and research purposes.

Saturday, August 20 • 9 am - 2 pm

#### **Hummingbird Theater**

Hummingbirds are amazing! Watch a video to see these fast-fliers in slow-motion and discuss conservation efforts.

Saturday, August 27 • 1 pm



#### Don't Celebrate the beauty of these amazing birds! Join us for activities.



#### THROUGHOUT THE SUMMER

#### **Wee Wonders Series**

Children in preschool and kindergarten are invited to their very own nature program. We'll explore a different seasonal subject each month. Saturdays, June 4 (Log Cabin Story Time), July 2 (Little Fliers),

August 6 (Butterflies & Caterpillars) • 10 am

#### **Pioneer Living**

Have you ever wondered what life was like 200 years ago? Visit our cabins and find out what Illinois' pioneers experienced.

Sundays, June 5, July 3, August 7 • 1:30 pm

#### Live Healthy, Discover Nature! Hike

Join our monthly hiking club. A naturalist will lead a vigorous, 4-mile hike on our trails.

Saturdays, June 4, July 2, August 6 • 1:30 pm

#### **Avian Encounters!**

Attend a bird-themed guided hike, presentation, or an up-close-and-personal encounter with one of our resident

raptors. Programs will vary.

Thursdays, June 9, July 7, August 25 • 6 pm

#### Sand Ridge 101

What can you see and do at Sand Ridge Nature Center? Join us on a guided tour that includes a live animal presentation and cabin tour.

Sundays, June 19, July 10, August 21 • 1:30 pm

#### **SUMMER CAMPS**

#### Summer Eye-Opener Camp (Ages 7-8)

Children will enjoy four mornings of fun activities and nature exploration. *Register by 6/20. Space is limited.* \$20.

Monday - Thursday, June 27-30 9:30 am - Noon

#### Summer Eye-Opener Camp (Ages 9-10)

Children will join in nature-themed activities and games during four mornings of outdoor fun. Register by 7/4. Space is limited. \$20.

Monday - Thursday, July 11-14

9:30 am - Noon

#### Outdoor Adventures Camp (Ages 11-13)

Children will enjoy five fun and challenging mornings learning outdoor survival and developing teamwork skills. Activities will require physical and intellectual participation. *Register by 7/18. Space is limited. \$25.* 

Monday - Friday, July 25-29 9:30 am - Noon

#### JUNE

#### The Sun, Our Nearest Star

View the sun through a filtered telescope with our staff astronomer. Learn amazing facts about our nearest star. A slide program will be presented in poor weather. *Register by 6/8*.

Saturday, June 11 • 10 am

#### **Tropical Connections**

Summer is filled with bright and showy wildflowers, some of which are closely related to tropical plants! Join a naturalist on a walk to admire our summer wildflowers.

Saturday, June 11 • 1:30 pm

# ANNUAL "JUNETEENTH" CELEBRATION



Join us as we celebrate

freedom, family and country with our historical Underground Railroad program and history displays, including interactive interpretive hikes, traditional music, wild edibles display, period recipe samples, crafts and more.

**Saturday, June 18 • 10 am - 3 pm** 



#### **Amphibian Survey**

Join us on a search for amphibians and learn to identify various species. Dress for the weather and be prepared to hike for at least an hour.

Saturday, June 25 • 1:30 pm



#### Sand Ridge Nature Center 15891 Paxton, South Holland

708-868-0606

Hours (March – October) Building: 9 am – 5 pm closed Fridays

Grounds: 8 am - 5 pm daily

#### JULY

#### What's New at Kickapoo?

What's been happening at Kickapoo Woods?
Learn about ecological restoration and discover restored prairies with a naturalist at this popular urban forest preserve. Meet at Kickapoo Woods, 14498 S. Halsted. Riverdale.

Saturday, July 9 • 1:30 pm

#### **Powerwalk the Greenway**

Get out and get active with a naturalist by exploring remnant prairies and savannas along the Burnham Greenway Trail. Meet just outside the Green Lake Aquatics Center building, 1100 River Oaks Drive, Calumet City.

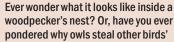
Saturday, July 16 • 1:30 pm

#### **The Wonder of Salamanders**

What are Salamanders? Find out through an interactive presentation. See a live salamander up close. *Ages 12 & up*.

Sunday, July 17 • 1:30 pm

#### Feathered Homes



nests? Answer these questions and more as we investigate the hows, whys, and whens of bird nesting!

Saturday, July 23 • 1:30 pm

#### **Ecological Restoration Workday**

You can help restore natural habitats by removing invasive plants! *Ages 18 & up and families with children 9 & up are welcome.* 

Sunday, July 24 • 1:30 pm

#### **Bryology**

Ever wonder what that green stuff is that grows on rocks or tree trunks? It's moss! Come learn all about the very common but one of the least understood members of the plant kingdom.

Saturday, July 30 • 1:30 pm

# **EVENING PROGRAMS**

#### The Astronomer's Night Sky

View planets and other celestial wonders through a telescope, clear skies permitting. In the event of poor skies, an astronomy lecture and slide show will be presented. *Register by 6/7.* 

Friday, June 10 • 8:15 pm

#### **Frog Calling**

Join us for an evening program and learn about frogs and their calls. Identify our local species by their sounds. *Space is limited. Register by 6/22.* 

Friday, June 24 • 8:30 - 9:30 pm

#### **Animals of the Night Hike**

Join us as we explore the habits of nocturnal animals such as skunks, opossums, raccoons and bats. Then we'll go out and see what critters we might find. *Register by 7/6*.

Friday, July 8 • 8 pm

#### **AUGUST**

#### Ferns of Sand Ridge

Join us as we learn about ferns and go on a hike to see and identify some of the multiple fern species that are present here at Sand Ridge. Dress for the weather and be prepared to hike for two hours.

Saturday, August 13 • 1:30 pm

#### Reptilemania

Learn about some native ectotherms, or coldblooded animals, that make their homes here. Participants will have the opportunity to see and touch a variety of live reptiles.

Sunday, August 14 • 1:30 pm

#### A Trail for All People

Come join a staff naturalist to explore nature along our new Americans with Disabilities Act (ADA) accessible trail. People of all abilities are invited to attend.

Saturday, August 20 • 1:30 pm

#### **Herp Day**

What in the world is a herp and what, exactly, is herpetology? Join a naturalist and find out. Amphibians, reptiles and their differences will be discussed. This program includes an indoor lecture and an outdoor hike. All participants will have the opportunity to see some of our resident reptiles and amphibians up close. Ages 12 & up. Space is limited. Register by 8/25.

Saturday, August 27 • 1 - 4 pm

#### **Ecosystem Exploration**

What is an ecosystem? This two-hour hike will explore eight different ecosystems found at Sand Ridge. Wear comfortable, closed-toe shoes and be prepared for the weather. Register by 8/26.

Sunday, August 28 • 1:30 - 3:30 pm

#### A Midsummer Night's Stroll

Join a naturalist for a pleasant evening hike along Sand Ridge's beautiful trails. *Register by 7/20*.

Friday, July 22 • 8 pm

#### A Dog Day Night Hike

Join a naturalist for a "cool" hike on our trails after sunset. Perhaps we'll even catch a Perseid meteor or two! *Register by 8/10.* 

Friday, August 12 • 8 pm

#### An Evening in the Cabin

Join us as we open up the cabin for an evening. Experience what pioneer life might have been like with wild edible samples and activities of the time. *Register by 8/24.* 

Friday, August 26 • 7:30 pm



#### THROUGHOUT THE SUMMER

#### **Bird House Contest**

Stroll the trail and view creative bird houses built by visitors. Then vote for your favorite! **Every Day** 

#### "Bone" Appétit

Join us at feeding time to learn about Trailside's outdoor resident animals.

Saturday, June 25; Monday, July 4; Sunday, July 24; Saturdays, August 13, 27 • 1 pm

#### **Nature Story Times**

Nature-inspired stories, followed by a craft and snack. For children ages 3-6 w/adult.

Thursdays, June 2, 16; July 7, 21; August 4, 18 10:30 am

#### **EVENING PROGRAMS**

#### **Campfire Sing-a-long**

Join us for an old-fashioned nature sing-a-long and snacks around a campfire.

Thursday, June 9 • 6 - 7 pm

#### **Rock on Campfire Drop-In**

Find out how much fun you can have with rocks at a family drop-in nature play night with a campfire. Thursday, June 23 • 6:30 - 8:30 pm

#### **Evening Symphony**

Tune in to the symphony of wildlife sound on a guided nature walk, as we listen to and identify the evening calls of birds and insects. For adults and children ages 8 & up. Register by 7/12.

Thursday, July 14 • 8 - 9 pm

#### TRAIL ART -**SITE AS STUDIO**



watch as artists create

contemporary art works inspired by nature. Art installations up through July 10.

Sunday, June 12 • 12 - 3 pm

#### **Animal Adventures Day Camp**

Children ages 7-9 are invited to a fun threemorning camp to learn about our local wildlife. Space is limited. Fee \$15. Registration in person and payment required by 7/14. Call for information.

Monday - Wednesday, July 18-20 • 9 - 11 am

#### **Evening Moths**

Learn about and view the often overlooked "butterflies of the night," moths. We will set out bait and black lightsprepare to be surprised! For adults and children ages 8 & up. Register by 7/27.

Thursday, July 28 • 8 - 9 pm

#### **Bats - Night Stalkers**

Learn about these mysterious flying mammals, and see and hear live bats flitting about outside using special equipment. For families, ages 5 & up. Register by 8/10.

Friday, August 12 • 7:30 pm

For adults only. Register by 8/24. Friday, August 26 • 7:30 pm

# JUNE

#### What Does the Covote Say?

Bark, howl or yip... discover what the coyote really says and visit up close with Trailside's resident coyote. Drop-in family program.

Saturday, June 4 • 1 - 2:30 pm

#### **Companion Planting**

Myth or fact? Decide for yourself after learning all about the ideas behind it and how to apply it in your own garden. Univ. of IL Extension-led program. Adult program. Register by 6/3. Sunday, June 5 • 1 pm

#### **Nesting Birds Walk**

Enjoy viewing local birds as they go about their important business of raising and

feeding their young. Bring binoculars, or borrow ours. For adults and children 10 & up.

Saturday, June 11 • 10 am

#### (Almost) Summer Stroll

Enjoy a leisurely guided nature walk along our trails at the beginning of the summer season. Family program.

Saturday, June 18 • 10 am

# **Father's Day Walk**

Dads and their families can enjoy a guided walk by our pond and through the woods, while learning about some animal fathers. Register by 6/17.

Sunday, June 19 • 1 pm

Bird of the Month: American Robin See and learn about this common yet fascinating bird - one of the few that nest near people!

Sunday, June 26 • 1 pm

#### JULY

#### **Bugland**

Let's take the "UG" out of BUG! Learn about insects, act like a bug, and go on an insect safari. Drop-in family program.

Saturday, July 2 • 1 - 2:30 pm

#### **July Bird Walk**

Join a naturalist on a guided bird walk to look and listen for calling and nesting birds. Bring binoculars,

or borrow a pair of ours! Family program. Recommended ages 10 & up.

Sunday, July 3 • 9 am

#### **Woodland Ramble**

Enjoy a shady walk in the woods as we take an interactive look at trees, wildflowers and creatures great and small. Family program. Saturday, July 9 • 1 pm

#### **Adult Color-Rama**

How long has it been since you colored? Relax and unwind with other adults as you color in nature prints using pencils, while sipping ice tea. All materials provided. For adults.

Sunday, July 10 • 1 - 2:30 pm

#### **PAINTING BY THE POND**



paintings near our pond. Enjoy seeing the many different styles of "plein air" painting (painting from life). Paintings displayed until August 16.

Saturday, July 16 • 9 am - Noon

#### Parent/Child Fishing

Learn fishing safety, how to bait hooks and cast, then spend time fishing on our pond. Use our rods, or bring your own. Space is limited — must register by 7/15 for either the am or pm sessions. Sunday, July 17 • 9:30 - 11 am; 1 - 2:30 pm

#### **Walk with Dragons and Damsels**

Dragonflies and damselflies are dipping and dashing in Trailside's pond. Learn to identify them and their behaviors. Bring binoculars or borrow one of ours. Register by 7/21.

Saturday, July 23 • 10 am

#### **Creature Feature**

Learn about an animal that makes its home within our Forest Preserves. Drop-in family program. Saturday, July 30 • 1 pm



Bird of the Month: Great Blue Heron Learn about the life history of this majestic wading bird, which can often be seen fishing in our pond and along

the Des Plaines River. Family program.

Sunday, July 31 • 1 pm

#### **AUGUST**

#### Neighborhood Tree Walk

Explore nature in your front yard and learn about local trees on this naturalist-led walk through River Forest. Meet at Trailside Museum. Adult program. Register by 8/4.

Saturday, August 6 • 10 am

#### **Reptiles Revealed**

Enjoy an up-close visit with some of our local reptiles. Drop-in family program.

Sunday, August 7 • 1 - 2:30 pm





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#### **Morning Bird Walk**

Learn to identify birds by their behavior, field marks, and habitat on this guided walk. Bring your

binoculars or borrow a pair of ours. For adults and children 10 & up.

Sunday, August 14 • 8 am



#### Bird of the Month: Ruby-Throated Hummingbird

Who is that whirring and glittering bird around Trailside's garden? Learn

more about this tiny but powerful bird and how it prepares for its autumn migration.

Sunday, August 21 • 1 pm

#### **Solar Astronomy Drop-In**

Learn about and view our closest star, the sun, through a special filter on our telescope, cook a snack in a solar oven, and make a sun craft! Drop-in program for adults and families.

Sunday, August 28 • 1 - 2:30 pm



**Trailside Museum of Natural History** 738 Thatcher Ave, River Forest 708-366-6530

#### Hours (March - October)

Building: 9 am - 5 pm, closed Fridays

Grounds: 8 am - 5 pm daily

#### **SPECIAL EVENTS**

**Share the Trail** 

Look for our staff and volunteers along the trails with info and giveaways throughout the Forest Preserves on June 4. And be sure to check out our Share the Trail website at fpdcc.com/stt!



Commissioner Timothy O. Schneider's Fishing Derby

Busse Woods/Lake, Grove 25, enter at Busse entrance just east of 290

Bring your friends, family and fishing gear and try to catch the largest, smallest or squirmiest fish. To register, call 847-640-1632 or email tim.schneider@cookcountyil.gov and provide a name, address, email, phone number and number attending.

Sunday, June 5 • 9 am - Noon



Beaubien Woods Celebration Beaubien Woods, I-94 & Doty Ave, Chicago

Enjoy this annual family event held in partnership with Fishin' Buddies and the Calumet Stewardship Initiative. Fish, explore and build with natural materials, hike and more! Register online at fishin-buddies.net/

beaubiencelebration

Saturday, June 11 • 11 am - 3 pm

Kids' Fest

Wampum Lake, I-90/94 & Thornton-Lansing Ed, Thornton-Lansing

Enjoy fishing, hiking, canoeing, archery and other fun activities at this free outdoor extravaganza for kids of all ages. Presented in partnership with Fishin' Buddies and the Youth Conservation Conference. Register online at

fishin-buddies.net/kidsfest Saturday, July 9 • 10 am – 4 pm



#### **Nature Discovery Days**

Swallow Cliff Stairs, 10267 Calumet Sag Road, Palos Hills

Friday, July 15 • 11:30 am - 2 pm

Rolling Knolls, 11N260 Rohrssen Road, Elgin Tuesday, August 16 • 11:30 am – 2 pm

The kids are out of school! Drop in for a fun afternoon of nature discovery and check out what's new at Swallow Cliff and Rolling Knolls. Everyone is invited to join in on art making, nature play, hikes, kite flying and more. Drop-in event, call 312-533-5751 for more information.



Swallow Cliff Pavilion Grand Opening/Wellness in the Woods

Swallow Cliff Stairs (North entrance), IL Rt 83 (Cal Sag Rd) & US Rt 45, Palos Park

Celebrate our grand opening! Enjoy both the physical and mental health benefits of spending time in nature. Participate in a relaxing yoga session or an energetic circuit training series. Get tips on nutrition to supplement a healthy lifestyle. Call 312-415-2970 for more information.

Saturday, June 25 • Noon - 4 pm

**Insect Fest** 

Cummings Square, 536 N Harlem Ave, River Forest

Let's celebrate insects! Explore how pollinators help us. Build a bug playground. Follow migratory patterns of monarch butterflies and learn how to create habitat for them locally. *All ages*.

Thursday, July 21 • 11 am - 2 pm Rain location: Thatcher Woods 8030 Chicago Ave, River Forest

4th Annual Teen Exploration Day Powderhorn Lake, 13843-14387 S Brainard Ave. Burnham

This annual event is teen-focused, with activities highlighting outdoor adventure and education. Try your hand at canoeing, tree climbing, archery and other fun. Call 312-533-5751 for more information.

Thursday, August 4 • Noon - 4pm

Concert at the Cliff Swallow Cliff Visitors Center, 10267 Calumet Sag Road. Palos Hills

In partnership with the Village of Palos Park, enjoy the summer sounds Johnny Russler & Beach Bum Band. Bring your chairs, blankets and picnic baskets for a relaxing evening. Call 708-671-3760 or visit palospark.org for details.

Thursday, August 11 • 6:30 - 8 pm

#### **FILMS IN THE FOREST**

Join us for movie nights! Different feature films with a nature connection will be presented along with family-friendly activities based on the film. Pack a picnic dinner and enjoy an evening of fun and entertainment at scenic preserve venues. For more information, call 312-415-2970 or email experience.nature@cookcountyil.gov.

Pre-movie activities start at 6:30 pm. Movie begins at dusk.



Thursday, June 16

"Tomorrowland" Rated PG
A teen bursting with scientific curiosity and a
former boy-genius inventor embark on a mission
to unearth the secrets of a place somewhere
in time and space that exists in their collective
memory; a place called "Tomorrowland."

**Thatcher Woods** 

8030 Chicago Ave, River Forest

Rain location: Thatcher Woods Pavilion 8030 Chicago Ave, River Forest

Tuesday, June 28

"The Martian" Rated PG-13
During a mission to Mars, Astronaut Mark
Watney is presumed dead but has survived and
finds himself stranded and alone on the hostile
planet.

Caldwell Woods
6350 W Devon Ave, Chicago
Rain location: Mathew Bieszczat Volunteer
Resource Center
6100 North Central, Chicago, IL 60646

Thursday, July 14

"Home" Rated PG
When Oh, a loveable alien, lands on Earth he
finds himself on the run from his own people and
forms an unlikely friendship with a girl on a quest.

**Eggers Woods** 

11201 S Avenue B, Chicago

Rain location: Sand Ridge Nature Center 15891 Paxton Ave, South Holland, IL 60473 Thursday, July 28

"Inside Out"

Rated PG

After young Riley is uprooted from her Midwest life and moved to San Francisco, her emotions —

Joy, Fear, Anger, Disgust and Sadness — conflict on how best to navigate a new city, house, and school. Premovie activities include a visit

**Rolling Knolls** 

11N260 Rohrssen Road, Elgin

from PBS Kids' Nature Cat.

Rain Location: Camp Reinberg 1801 N. Quetin Rd, Palatine, IL 60074

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Thursday, August 11

"Legend of the Guardians: The Owls of Ga'Hoole" Rated PG

When Soren, a young barn owl, is

abducted by an evil owl army, he must escape with new-found friends and seek the legendary Guardians of Ga'Hoole, a mythical group of warrior owls, to save all of owlkind.

**Green Lake Woods** 

1100 River Oaks Drive, Calumet City

Rain location: Sand Ridge Nature Center 15891 Paxton Ave, South Holland, IL 60473



Tuesday, August 23

"The Big Year" Rated PG
Three men pursue the Birder of the
Year title: Kenny, cutthroat record

holder; Stu, newly retired; and Brad, divorced and underemployed at 36.

Cermak Woods 7600 W Ogden Ave, Lyons

Rain location: Thatcher Woods Pavilion 8030 Chicago Ave, River Forest

#### **FOREST JAMS**

Head out to our summer concert series and participate in group jam sessions, learn about making instruments from natural and recycled materials and enjoy concerts by local musicians. For more information, call 312-415-2970 or email experience.nature@cookcountyil.gov. *Pre-activities start at 5:30 pm. Concert runs from 6:30 - 8 pm.* 

Tuesday, June 21

Green Lake Aquatic Center 1100 River Oaks Drive, Calumet City Rain location: Sand Ridge Nature Center 15891 Paxton Ave, South Holland, IL 60473

Tuesday, July 26 Cermak Aquatic Center 7600 W Ogden Ave, Lyons Rain location: Thatcher Woods Pavilion 8030 Chicago Ave, River Forest Tuesday, August 9

Whealan Pool, 6200 W Devon, Chicago Rain location: Mathew Bieszczat Volunteer Resource Center 6100 North Central, Chicago, IL 60646

Thursday, September 1

Dan Ryan Woods, 87th and Western, Chicago

**Thursday, September 15** 

Cummings Square, 536 N Harlem, River Forest Rain location: Thatcher Woods Pavilion 8030 Chicago Ave, River Forest



#### **ARCHERY**

Archery equipment is provided for all programs. *Call 312-533-5751 for more information. Minimum age for programs is 10 years old.* 

#### **Adult Archery & Nature Hike**

Thatcher Woods, 8030 Chicago Ave, River Forest Adults of all ages are invited to stay active and try their hand at a new or old pastime. Enjoy a brief nature hike to end. Come out and give it a shot!

Tuesday, June 14 • 10:30 am – 12:30 pm

#### Archery 101

Never tried archery before? Attend one of these sessions to learn all things archery: history, bow parts and proper technique.

Thursday, August 11 • 3:30 - 6 pm Lake Avenue East Woods 4887 W Lake Ave, Northbrook

Explore River Trail Nature Center before you join in on the archery fun.

Tuesday, August 16 • 3:30 – 6pm
Dan Ryan Woods, Grove 5
87th & Western, Chicago
Hit the trails before you join in on our target

End of Summer Archery & Hike Eggers Woods, 11201 S. Avenue B, Chicago

Explore the trails around Eggers Woods on a hike led by Forest Preserves staff, followed by a hands-on archery workshop. Pack a picnic and stay for dinner! Other activities, too.

Tuesday, August 30 • 5 – 7 pm



#### **PHOTO MEET-UPS**

This monthly series is led by a naturalist and will highlight a natural area with scenic vistas, interesting plants and wildlife. For all photographer levels and camera types.

Saturday, June 25 • 10 am Sagawau Environmental Learning Center 12545 W 111th St, Lemont If you have time, skills and enthusiasm to give, consider volunteering with the Forest Preserves. Our thousands of acres provide endless opportunities for individuals and groups to get involved. From removing invasive species to picking up litter to monitoring birds and other animals, volunteering is fun and meaningful. To find out more, visit fpdcc.com/volunteer.

Saturday, July 23 • 10 am Crabtree Nature Center 3 Stover Road, Barrington Hills

Saturday, August 27 • 10 am Little Red Schoolhouse Nature Center 9800 Willow Springs Rd, Willow Springs

#### **PADDLING**

practice.

Bring your own canoe or use one of ours. A limited number of boats are available for loan. Canoe instruction and safety equipment provided. *All paddles are for ages 5 & up. To reserve your spot, call 312-533-5751.* 

Doggy Paddle
Beck Lake Boat Launch
1000 N East River Road, Des Plaines

A yearly favorite! Spend time with your pup, enjoy refreshments (for both you and your dog), and then join us on this fun paddle with your furry friend. Dogs and their owners and invited to paddle together.

Thursday, June 2 • 5:30 - 7:30 pm

Little Calumet River Day at Kickapoo Woods Kickapoo Woods Boat Launch 144th & Halsted, Riverdale

Help us clean the river (either on shore or on the water)! Learn about aquatic life along the Little Calumet, and how cleaning up the river helps to keep these animals healthy. Paddling instruction, tools, breakfast snacks and lunch provided. Groups welcome. Register at calumetwaterwaystewards.com.

Saturday, June 4 • 8 am - 3 pm

Paddling 101 Wampum Lake

I-90/94 & Thornton-Lansing Rd, Thornton-Lansing  $\,$ 

Interested in canoeing, but never tried it before? This one is for you! Learn about parts of the canoe and basic paddle stroke, and then test your new skills with a paddle around the lake.

Thursday, July 7 • 3 – 5 pm

Full Moon Celebration Paddle Skokie Lagoons, Tower Road Boat Launch, Winnetka

Join us for a unique paddle as we celebrate the full moon. This is more than a canoe trip — it's an experience full of surprises you won't soon forget.

Thursday, August 25 • 6 - 9:30 pm

#### **RESOURCES FOR TEACHERS**

Our naturalists work hand-in-hand with teachers. We can bring environmental education into the classroom, or bring school groups into the vast natural classroom of our Preserves. Programs may feature almost any aspect of regional ecology in the region. We emphasize the role of people in ecosystems, and the health of the natural world.

Six unique Nature Centers represent the geographic and habitat diversity of Cook County. All feature exhibits, and most display live native animals and include nature trails of varying lengths. Free field trips may be scheduled throughout the year.

Or let us come to you! Free science and nature programs for individual classrooms feature hands-on activities, and may include animal and plant specimens and classroom handouts. Naturalists are available for science and career fairs and other requests, depending on availability. Contact any of our Nature Centers for details.

#### IT'S COOLER IN THE FOREST!

Teachers and youth leaders: It's Cooler in the Forest is a new and exciting field trip opportunity that introduces youth to nature, where they can explore, learn and play. Our staff can tailor a program to meet your goals. Call 312-533-5751 for more info.

#### **SAVE THE DATE**

A River Thru History, Des Plaines Valley Rendezvous

Columbia Woods, Willow Springs

Look back 200 years to frontier life and enjoy food, music, crafts, reenactments, canoe races, games and more. Park free at UPS parking lot at Willow Springs Rd and 7th St and take the shuttle bus to the site. Adult admission \$10; family pass \$25; seniors (over 62) \$5; children (6-17) \$5. Free for kids under 6. Cash only. More info at aRiverThruHistory.com

Saturday, September 10 • 10 am – 5 pm & Sunday, Sept 11 • 10 am – 4 pm

Celebrate National Public Lands Day with us!
On September 24, we'll be hosting a variety of activities and events at all 5 of our campgrounds.
From early morning until late in the evening, join us for birding, hikes, campfires, music and more.
See page 22 for campground location details.



63rd Annual American Indian Center Powwow Busse Woods South, Higgins Rd east of I-290, Elk Grove Village

This event features Native American dance, drumming, food, art marketplace and fun. Don't miss the intertribal dances from all over the country! In partnership with the American Indian Center of Chicago. Admission \$10-\$15.

Saturday, September 17 • 11 am - 8 pm;
Grand entries of dancers at Noon and 5 pm
Sunday, September 18 • 10 am - 5 pm;
Grand entry of dancers at Noon



#### **FAMILY AQUATIC CENTERS**





**OCELTS** 

Swim School

SwimAmerica

level.

entire pool.

This year we will be offering programming

through Swim Chicago Southland and CELTS Swim School SwimAmerica, including swim lessons for every age, every ability and every

Swim lessons, Aquafit, water rehabilitation

classes and pool parties can all be registered for

at SwimFPDCC.com. Fees range from \$7 for one

class to \$174 for pool parties or \$354 to rent the

The Forest Preserves and Swim Chicago Southland are working together to bring you 100,000 gallons of water fun this summer! Swim, splash and cool off this season at one of our three Family Aquatic Centers. From water slides to lazy rivers to scenic forest preserve views to family play areas, our three pools bring a little something for everyone to enjoy. All pools offer a variety of multi-generation programming, including Chicagoland's premier swim school, lowimpact water fitness classes, special events, pool party options and more!

All Family Aquatic Centers are staffed by professional and certified lifeguards. Please follow the direction of the lifeguards at all times. Guardians are responsible for supervising their children; lifeguards are responsible for responding to emergencies. Children under 8 years old and children who cannot swim must be within arm's reach of an adult at all times. Only US Coast Guard-approved floatation devices will be allowed on non-swimmers. Swim safely!

# **H2WHOA! POOL PARTIES**

Experience a water adventure, have a night of fun, be adventurous, enjoy the water in a new way. Check out our pre-designed Scout Parties and our variety of special events, or make it your own and book your own pool party or get together at the Family Aquatic Centers!

#### **AOUAFIT WATER FITNESS**

A revolution in aquatic fitness, each AquaFit Water Fitness class achieves a unique fitness goal in weight loss, strength, flexibility, endurance, and R.O.M.E. classes combine a high-power, in-pool workout utilizing the water's resistance and the body's motion to create a high-powered, result-oriented aquatics workout.

#### ABC WATER REHABILITATION

Benefit from the water and take the steps to repairing an injury, help strengthen your body and joints, or simply get that specific exercising needed to better yourself. Choose to join a group water walking class, a group-specific class, or a one-on-one class designed to work for you.

# **Hours of Operation Memorial Day Weekend**

Free Day: Saturday, May 28 Sunday, May 29 & Monday, May 30 (admission required) 11 am – 7 pm

Tuesday, May 31 - Friday, June 3

2 – 7 pm

Saturday, June 4 - Monday, September 5 11 am - 7 pm, Daily

Check **SwimFPDCC.com** for daily hours and any changes



#### Fees

Open Swim

Children under 3: Free

Children 4-12: \$5 Adults 12 and up: \$7

Season Pass (Family — Up to Four Members)

Season Pass (Family – Up to Five Members)

Season Pass (Family — Six or More Members) \$220

Season Pass (Individual) \$42



Cermak Family Aquatic Center 7600 W Ogden Avenue, west of Harlem Avenue at the Des Plaines River, Lyons 708-447-0715





Green Lake Family Aquatic Center 1100 River Oaks Drive Calumet City 708-862-1927



Whealan Pool Aquatic Center 6200 W Devon Avenue, east of Milwaukee Avenue, Chicago 773-775-1666







FOREST PRESERVES OF COOK COUNTY

# **CAMPING**

fpdcc.com/camping 1-855-YES-CAMP

Families, individuals and groups: create lasting memories at one of the Forest Preserves of Cook County's five new campgrounds!

Camp in a tent, stay in a cabin or bring your RV. Enjoy weekend activities led by our staff.

RATES: APRIL - OCTOBER			COOK COUNTY	
TYPE	CAPACITY	NIGHTS	RESIDENT	NON-RESIDENT
Tent/RV Electric	6	Sun - Wed	\$35	\$45
Tent/RV Electric	6	Thu - Sat	\$50	\$60
Tent (Non-Electric)	6	Sun - Wed	\$30	\$40
Tent (Non-Electric)	6	Thu - Sat	\$35	\$45
Small Cabin	8	Sun - Wed	\$50	\$60
Small Cabin	8	Thu - Sat	\$80	\$90
Large Cabin	10	Sun - Wed	\$85	\$95
Large Cabin	10	Thu - Sat	\$100	\$110
Small Bunkhouse	16	Sun - Wed	\$90	\$100
Small Bunkhouse	16	Thu - Sat	\$140	\$150
Large Bunkhouse	36	Sun - Wed	\$100	\$110
Large Bunkhouse	36	Thu - Sat	\$200	\$210
Group Sites	30-60	All Nights	\$20/tent	\$30/tent

- Camp Bullfrog Lake 9600 Wolf Rd Willow Springs
- · Camp Dan Beard 200 Portwine Rd Northbrook
- Camp Shabbona Woods 15810 Torrence Ave **Calumet City**
- Camp Reinberg 1801 N Quentin **Palatine**
- Camp Sullivan 14630 Oak Park Ave Oak Forest

# **FREE** Weekend **Campground Activities**

- Friday & Saturday night campfires
- Friday & Saturday evening programs
- Saturday afternoon activities and hikes Open to all registered campers.

#### **FAMILY CAMPOUTS**

These special overnight events for families are a great intro to camping. Basic skills training, a cookout and outdoor activities are included. As part of the fun, families can take part in special onsite activities or festivals at nearby Nature Centers. The cost is \$75 for family groups up to 6. Camperships are available for families with financial need. For more information and to register, email experiencecamping@ cookcountyil.gov.

Camp Shabbona: Friday, June 17, check in 5 - 7 pm, to Saturday, June 18, 1 pm with the Juneteenth Celebration at Sand Ridge

Camp Reinberg: Saturday, July 16, 3 pm, to Sunday July 17, 1 pm with fun onsite outdoor activities

Camp Sullivan: Friday, August 19, check in 5 - 7 pm, to Saturday August 20, 1 pm with the **Hummingbird Festival at Sagawau Environmental Learning Center** 

#### **CAMPING 101**

Camping 101 is a free hands-on workshop series designed to teach basic camping skills to first time campers. Learn tent set-up, campfire building, dressing for camping, camping etiquette and more. Join us on Wednesday evenings, from 6 - 8 pm, throughout the summer. No registration is required. Perfect for families and novice campers.

**Camp Reinberg and Camp Shabbona Woods** June 1, 15, 29 July 13, 27 August 10, 24

**Camp Dan Beard and Camp Bullfrog Lake** June 8, 22 July 6, 20 August 3, 17, 31

#### **CLIMBING WALL**

Indoor rock climbing wall now open at Camp Sullivan. Open to registered campers, first come first serve. Reserve a time slot at check-in. Hours of operation vary. Contact Camp Sullivan for more details: 312-636-0041.





Chicago Ornithological Society Birding Field Trip

Deer Grove East parking lot, west corner 1599 Pepper Tree Dr, Palatine

Explore the unique birds of the grasslands, woodlands and wetlands. See **chicagobirder.org** for updates. For information:

chicago birder @gmail.com.

Saturday, June 4 • 8 am - Noon

Big Year Birding Field Trip Miller Meadow Bird Walk

Miller Meadow West Parking Lot, 2199 S 1st Ave. Maywood

Enjoy a good variety of birds in the grassland, river and woods. Register in advance with Henry Griffin: trumpetswan@comcast.net, 630-430-5143

Saturday, June 4 • 8 am

Summer Breeding Birds McClaughrey Springs Woods, 11700 S Kean Ave, Palos Park

Help Wild Birds Unlimited compete in the Big Year competition. Limited amount of walking. All ages. Contact Mel Tracy to register: 708-361-8726.

Saturday, June 4 • 8:30 am

Orland Grassland Volunteers Welcome Back Bobolinks Orland Grassland, 9799 W 167th St,

**Orland Park**Bring your family. Binoculars will be available.
Wear long pants, hat. Updates:

orlandgrassland.org. Register with Mike McNamee: 773-573-5158. Saturday June 4 • 9 - 11 am

Chicago Audubon Society Big Year Birding Field Trip

Penny Road Pond, Penny Rd west of Old Sutton Rd, South Barrington

Highlights: osprey, shrublands, woodlands and grasslands. Wear long pants, hat. Updates: chicagoaudubon.org. Register with Craig Stettner: cstettne@harpercollege.edu, 847-925-6214.

Saturday, June 11 • 6:30 am

Bird Conservation Success Story and Birding Trip

Bergman Slough Grassland/Cap Sauer Woodland, Palos Park

15-year history of the grassland and its ecological restoration. Walk leaders: FPCC, Openlands, and Bird Conservation Network. Register with jpbobolink@gmail.com.

Saturday, June 11 • 7:30 am

#### Bird Walk: Summer Nesting Birds Barbara Brown Nature Reserve at the Chicago Botanic Garden, Glencoe

Join on a walk lead by Alan Anderson, Chicago Audubon Society. We'll study the nesting birds of the Garden. We will start out at the Barbara Brown Nature Reserve, which has good variety of nesting birds and is a place most visitors to the Garden do not normally visit. Dress for the weather, and bring binoculars and a field guide, if you have one. Call 847-835-5440 for more information. \$19 nonmember; members receive 20% discount. Saturday, June 11 • 7:30 – 9 am

Chicago Ornithological Society Big Year Birding Field Trip

LaBagh Woods, Irene Hernandez parking lot, Foster east of Cicero, Chicago Breeding woodland birds. May be muddy. See chicagobirder.org for updates. For more

information contact chicagobirder@gmail.com. Saturday, June 18 • 7 am

Chicago Audubon Society Skokie Lagoons Big Year Birding Field Trip

Erickson Woods 1651 Willow Rd, Winnetka Join us for as long as you can, leave early if necessary. Updates: chicagoaudubon.org. Register with Dave Willard: dwillard@fieldmuseum.org, 312-665-7731.

Tuesday, June 21 • 7 am

Chicago Audubon Society Big Year Birding Field Trip Penny Road Pond (Penny Rd west of Old Sutton Rd), South Barrington

Highlights: osprey, shrublands, woodlands and grasslands. Wear long pants, hat. Updates: chicagoaudubon.org. Register with Craig Stettner: cstettne@harpercollege.edu, 847-925-6214.
Saturday, June 25 • 6:30 am

Big Year Birding Field Trip Miller Meadow Bird Walk Miller Meadow West, 2199 \$ 1st Ave, Maywood See a good variety of birds in grassland, river and woods. Register in advance with Henry Griffin: trumpetswan@comcast.net, 630-430-5143. Friday, June 25 • 8 am

Chicago Ornithological Society/Field Museum Big Year Birding Field Trip

Eggers Grove, 11201 S Ave B, Chicago
Interesting wetland breeding species, plus
woodland birds such as scarlet tanager. Updates:
www.chicagobirder.org. For information:
chicagobirder@gmail.com.
Sunday, June 26 • 8 am

JULY

Summer Breeding Birds McClaughrey Springs Woods, 11700 S Kean Ave Palos Park

Help Wild Birds Unlimited compete in the Big Year competition. Limited amount of walking. All ages. Contact Mel Tracy to register: 708-361-8726. Saturday, July 9 • 8:30 am

Bird Conservation Success Story and Birding Trip Orland Grassland, 9799 W 167th St, Orland Park

A stunning example of a successful conservation plan. Walk leaders: FPCC, Openlands, Bird Conservation Network. Register: <a href="mailto:jpbobolink@gmail.com">jpbobolink@gmail.com</a>.

Saturday July 16 • 7:30 am

Chicago Audubon Society Skokie Lagoons Big Year Birding Field Trip

Erickson Woods 1651 Willow Rd, Winnetka Join us for as long as you can, leave early if necessary. Updates: chicagoaudubon.org. Register with Dave Willard:

dwillard@fieldmuseum.org, 312-665-7731. Tuesday, July **19 • 7** am

Orland Grassland Volunteers Big Year Birding Field Trip

9799 W 167th St, Orland Park

Bring your family. Binoculars available. Wear long pants, hat. Updates: orlandgrassland.org Register with Mike McNamee: 773-573-5158. Saturday, July 23 • half-hour walks between 9 - 11 am

Chicago Ornithological Society Big Year Birding Field Trip

Burnham Prairie Nature Preserve, E 139th St & S Manistee Ave, Burnham

Abundant wading birds, fall shorebirds, resident sparrows. See **chicagobirder.org** for updates. Walk leader: Carl Giometti.

chicagobirder@gmail.com Saturday, July 30 • 8 am

Support for this project was generously provided by the U.S. Fish and Wildlife Service through Chicago Wilderness.



Chicago Wilderness

#### **AUGUST**

Bird Conservation Success
Story and Birding Trip
Powderhorn Prairie and Marsh, Brainerd Ave
east of Burnham Ave, Chicago
Walk through recently restored black oak
savanna, sand prairies and rich wetlands.
To register contact: jpbobolink@gmail.com.
Saturday August 13 • 8:30 am

Chicago Ornithological Society Big Year Birding Field Trip

Burnham Prairie Nature Preserve, E 139th St & S Manistee Ave. Burnham

Shorebird migration peaks, herons and egrets, early migratory songbirds. Updates: chicagobirder.org. Walk leader: Carl Giometti, chicagobirder@gmail.com
Saturday, August 20 • 8 am

Confusing Fall Warblers Bird Walk McClaughrey Springs Woods, 11700 S. Kean Ave, Palos Park

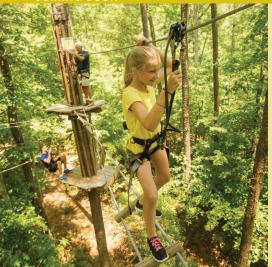
Confusing fall warblers? We'll help you sort them out. Limited amount of walking. All ages. Register with Mel Tracy: 708-361-8726.

Saturday, August 27 • 8:30 am





#### COMING SOON





Opening soon at Bemis Woods in Western Springs, is Illinois' first Go Ape location. The treetop adventure course will be a seven-acre, two- to three-hour trek through the forest canopy using rope ladders, Tarzan swings, five zip lines, and more than 40 other challenging and fun obstacles situated more than 40 feet in the air. All Go Ape courses are designed to allow for a wide variety of skill levels, offering a balanced mixture of challenge and fun. For more information, go to goape.com.

#### **GOLF**

The Forest Preserves' 10 golf courses and four driving ranges offer something for every golfer. Enjoy beautifully well-maintained courses in a natural setting. To check for tee times and availability, visit **forestpreservegolf.com** or call 800-460-0010 for further information.

Billy Caldwell | 6150 Caldwell Ave, Chicago

**Burnham Woods** | Burnham Ave & 142nd St, Burnham

Chick Evans 6145 Golf Rd, Morton Grove

**Edgebrook** 6100 N Central Ave, Chicago

George W. Dunne | 16310 S Central Ave, Oak Forest

Harry Semrow Driving Range | 1150 E Golf Rd, Des Plaines

**Highland Woods** 2775 Ela Rd, Hoffman Estates

Indian Boundary | 8600 W Forest Preserve Ave, Chicago

Joe Louis | 13100 S Halsted St, Riverdale

Meadowlark | 11599 31st St, Hinsdale

River Oaks | 1 Park Ave, Calumet City



COOK COUNTY





## **EQUESTRIAN**

Glen Grove Equine Center specializes in hunter/jumper lessons, boarding, training and horse shows, and teaching riders and training horses at every level.

Glen Grove Equine Center 9453 Harms Rd, Morton Grove www.glengroveequine.com 847-966-8032



Located between Harlem Avenue and Bonnie Brae, just north of Lake Street, Oak Park Tennis Center offers adult, junior and private tennis lessons along with seasonal memberships.

#### **Oak Park Tennis Center**

544 N Harlem Ave, River Forest info@oakparktennis.com 708-366-9652

**Season**: Mid-April – Late October **Hours of Operation**:

Monday - Friday: 8 am - Sunset Saturday & Sunday: 8 am - 6 pm

#### **BOAT RENTALS**

Enjoy recreational boating on lakes and rivers throughout the Forest Preserves by renting a canoe, kayak or rowboat at one of our four rental sites. Rental sites are open daily from morning hours to sunset from May through late October.

#### **Tampier Lake Boathouse**

Located near W 131st St & South Wolf Rd in Orland Park, 708-557-4148

#### **Maple Lake Boathouse**

Located near Wolf Rd  $\&\,95\text{th}$  St in Willow Springs, 708-361-0460

#### **Busse Woods Boathouse**

Located near E Higgins Rd & I-290 in Elk Grove Village, 224-415-6554

#### Skokie Lagoons\*

Located near Tower Rd & I-94 in Northfield, 847-414-5883

\*Canoes and kayaks only at Skokie Lagoons.



#### **BIKE RENTALS**

There's no better way to see the Forest Preserves than by biking our trails. No bike? No problem: Bike and Roll Chicago now offers bike rentals at six Forest Preserves sites.

Dan Ryan Woods | 8700 S Western Ave, Chicago
Caldwell Woods | 6350 Devon Ave, Chicago
Bunker Hill | 6800 N Caldwell Ave, Chicago
Harms Woods | Golf Rd & Harms Rd, Morton Grove
Tower Road | Tower Rd & Forestway Dr, Glencoe
Chicago Botanic Garden | 1000 Lake Cook Rd, Glencoe

For more information, visit **bikechicago.com** or call 312-729-1000.

Season: April 15 - October 31

Hours of Operation: Daily, Sunrise to Sunset





#### **NEW CONCESSIONS**

Be sure to check out our newest concession areas.

At the Swallow Cliff Pavilion and Café in Palos Park, Good to Go will offer sandwiches, healthy snacks, drinks and other refreshments.

In River Forest, visit Goalie's Goodies for "grab and go" items and light refreshments at the Forest Preserves Breakaway Café and Patio, opening this summer at the corner of Harlem Avenue and Lake Avenue.

#### **OUTDOOR RECREATIONAL ACTIVITIES**

Join our partners L.L. Bean and REI for additional outdoor recreation classes and activities in the Forest Preserves of Cook County.



L.L. Bean offers outdoor recreation classes and a variety of outdoor activities at Busse Woods in Elk Grove Village. Visit **Ilbean.com/adventure** for a complete schedule.



REI offers outdoor recreation classes and activities at locations throughout the Forest Preserves of Cook County. Visit rei.com/learn for complete details.





Established one hundred years ago, the Forest Preserves of Cook County is one of the oldest forest preserve systems in the nation, maintaining nearly 70,000 acres of open land for the education, pleasure and recreation of the public. We strive to protect and restore the county's diverse ecosystems, so all our unique native plants and animals can live and thrive. Each year, millions of people use these lands and facilities to enjoy or study nature, bicycle, hike, fish, cross-country ski, picnic, golf, canoe or simply relax in a large preserve that leaves urban life behind.

#### **Toni Preckwinkle, President**

#### **Forest Preserve District Board of Commissioners**

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Jerry Butler, 3rd District
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Deborah Sims, 5th District
Joan Patricia Murphy, 6th District
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General Headquarters, 536 N Harlem, River Forest, IL 60305 • 800-870-3666

